



# Rosedale Healthy Kids Initiative

## Summer 2010

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## Summer Interns & Staff

School may be out for the summer, but the Healthy Kids Initiative has not slowed down! We'll get back to our focus on each strategy team next month, but now it's time for a long overdue update.

We were delighted to have the following interns and staff members join the Healthy Kids Initiative and Rosedale Development Association this spring and summer:

- Janet Ann McAndrews, MPH, New Mexico State
- Kelly McDaniel, Masters of Dietetics, KUMC
- Allison Edwards, Medical Student, KUMC
- Sarah Buller, Medical Student, St. Louis Univ.
- Rachel Markovich Moss, Pharmacy, KUMC
- Jeff Whorton, Health Information Mgmt., KUMC
- Amanda Sommerville, Medical Student, KUMC
- Casey Pettit, Masters of Social Work Student, KU
- Jordan Penner, MVS worker, Rosedale Development Association

The interns and staff worked on everything from volunteer recruitment and cooking demonstrations at the Rosedale Farmers Market to planning the Green Corridor and developing resource manuals for Healthy Kids Camp type programming.

We wish them the best of luck in all their future endeavors!



*Photo courtesy Terry Rouse*

## Healthy Kids Carnival

The second annual Healthy Kids Carnival was held July 20 at Whitmore Park. The carnival was a fundraiser for Rainbow Mennonite CDF Freedom School, and was jointly organized by the parent committees of Freedom School and the Healthy Kids Initiative. The carnival included healthy food options such as grilled chicken, vegetable stir-fry, tostadas, corn on the cob and fresh fruit. Kids could choose from a variety of active games, including two bounce houses, a hula hoop contest, face painting, basketball, ring toss and a lime on a spoon balance challenge. Raffle prizes included tickets to the KC Royals and T-Bones and gift certificates for the Rosedale Farmers Market.

Despite the disruption by the rain, the carnival was a great success, and we can't wait for next year!

**The Rosedale Farmers Market is open, rain or shine, every Sunday through Oct. 17 from 12 – 3 p.m. at Southwest Blvd. Family Health Care, 340 Southwest Blvd., KCK.**



# Rosedale Healthy Kids Initiative Newsletter

Summer 2010

## Expert Panel 2010

Each year, the Healthy Kids Initiative convenes an Expert Panel. Members of the Expert Panel agree to offer their support, enthusiasm and advice to the Healthy Kids Initiative. We are proud to have the following individuals on the 2010 Expert Panel:

- Rev. Ephthallia Banks, President of Rosedale Ministerial Alliance and pastor of Greystone Heights Missionary Baptist Church
- Aaron Bartlett, Bicycle Pedestrian Planner for Mid America Regional Council
- Nozella Brown, County Extension Agent for the K-State University Research and Extension
- Brandi Fisher, Vice President of United Way of Wyandotte County
- Mary Heinrich, Vice President of Fleishman Hillard International Communications
- Mary Lou Jaramillo, President and CEO of El Centro, Inc.
- Kay Johnson, retired attorney for Lathrop & Gage and grant writer for KC Healthy Kids
- Katherine Kelly, Executive Director of the Kansas City Center for Urban Agriculture
- Robert Martin, Associate Professor at St. Paul School of Theology
- Gina Pulliam, retired United Way executive & coordinator of leadership development for Kansas City Tomorrow
- Daniel Serda, Director/CEO of the Kansas City Design Center and Assistant Professor of the Graduate Program in Urban Planning
- Karen Siebert, Communications Consultant for Harvesters and KC Healthy Kids
- Brenda VanLengen, CDO, P.E. 4 Life
- Melanie Vogts, Program Head of Child Health/KSHS for the U.G. Public Health Dept.
- Dola Williams-Gabriel, Program Coordinator of Communities in Schools of KCK/Wyandotte County

**Share your story** of active summer fun. What did you and your family do to stay active this summer? What new recipes did you try out? Submit your story by email to [rosedalehealthykid@att.net](mailto:rosedalehealthykid@att.net) or share on the HKI blog at [www.healthykidsinitiative.org/posts](http://www.healthykidsinitiative.org/posts)

## Summer 2010 Calendar

**August 3, 6:30 p.m.** – Garden Team, Rosedale Congregational Church, 4326 Lloyd  
*Agenda: Rosedale Farmers Market, Food, Inc.*

**August 10, 6:30 p.m.** – Out of School Activities, Rosedale Congregational Church, 4326 Lloyd  
*Agenda: Soccer recruitment, fall programs*

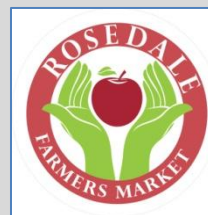
**August 17, 8:00 a.m. – 4:00 p.m.** – Safe Routes Team, Rosedale Congregational Church, 4326 Lloyd  
*Agenda: Walking School Bus, sidewalk advocacy*

**Sept. 7, 6:30 p.m.** – Garden Team, Rosedale Congregational Church, 4326 Lloyd  
*Agenda: Urban Agriculture Zoning*

**Sept. 14, 6:30 p.m.** – Out of School Activities, Rosedale Congregational Church, 4326 Lloyd  
*Agenda: Fall youth programming, soccer*

**September 21, 8:00 a.m. – 4:00 p.m.** – Safe Routes Team, Rosedale Congregational Church, 4326 Lloyd  
*Agenda: Walking School Bus, sidewalks, bike racks*

## Rosedale Farmers Market



**Every Sunday,  
12:00 – 3:00 p.m**

Southwest Boulevard Family Health Care, 340 Southwest Blvd,  
Kansas City, KS 66103

[www.rosedalefarmersmarket.com](http://www.rosedalefarmersmarket.com)

*The Healthy Kids Initiative is a faith based advocacy effort to reduce childhood obesity through a collaboration among Rosedale Development Association, the Rosedale Ministerial Alliance, KC Healthy Kids, the University of Kansas Medical Center, and many other public and private organizations. It is funded in part through a grant from the Robert Wood Johnson Foundation.*