

Purpose

At the Rosedale Healthy Kids Initiative, we believe in the importance of living safe, active, and healthy lives. This activity packet was compiled for the children and churches of Rosedale, Kansas. It is our hope that the community's churches will open their doors to the Rosedale youth. By providing churches with some kid-friendly ideas, we hope that quality relationships can be built between churches and their communities.



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Contents

★ Play!

Outdoor and indoor games

★ Create!

Craft and project ideas

★ Eat!

Recipes for kids to prepare and share

